

## 2012 National YMCA Short Course Swimming and Diving Championships

### Meet Qualifying Time Standards

April 10-13, 2012

\* not changed

WOMEN			MEN			
50 Meter Course	25 Meter Course	25 Yard Course	EVENT	25 Yard Course	25 Meter Course	50 Meter Course
:28.39	:27.89	:24.99	50 Free	:22.39	:24.98	:25.73
1:01.35	1:00.25	:53.99	100 Free	:48.79	:54.45	:56.08
2:11.28	2:09.67	1:56.19	200 Free	1:46.29	1:58.62	2:01.47
4:37.66	4:32.08	5:10.99	500 Free	4:47.99	4:11.95	4:20.62
9:22.96	9:12.04	10:30.99	1000Y/800M Free	9:51.99	8:37.92	8:50.45
17:56.52	17:31.83	17:34.99	1650Y/1500M Free *	16:35.19	16:32.21	17:00.70
1:08.01	1:07.17	1:00.19	100 Back	:55.19	1:01.59	1:03.43
2:26.31	2:24.52	2:09.49	200 Back	1:58.69	2:12.46	2:16.42
1:19.29	1:16.99	1:08.99	100 Breast	1:01.99	1:09.18	1:11.66
2:49.30	2:46.28	2:28.99	200 Breast	2:15.49	2:31.21	2:36.63
1:06.95	1:06.50	:59.59	100 Fly	:53.99	1:00.25	1:01.00
2:29.08	2:28.09	2:12.69	200 Fly	2:01.19	2:15.25	2:17.71
2:29.87	2:27.19	2:11.89	200 IM *	1:59.69	2:13.58	2:18.36
5:15.24	5:11.37	4:38.99	400 IM	4:17.99	4:47.93	4:56.54
1:54.76	1:52.71	1:40.99	200 Fr Rel	1:30.59	1:41.10	1:44.12
4:07.71	4:03.29	3:37.99	400 Fr Rel	3:16.99	3:39.85	3:46.42
8:49.93	8:43.42	7:48.99	800 Fr Rel	7:09.99	7:59.89	8:11.41
2:08.13	2:05.99	1:52.89	200 Med Rel	1:41.59	1:53.38	1:56.36
4:36.49	4:31.86	4:03.59	400 Med Rel	3:39.99	4:05.52	4:11.99

Qualifying Period for the Short Course YMCA National Championship Meet:  
qualifying period March 1 of the previous season to the entry date for the meet

Meters to Yards conversions per 2006 NCAA Swimming & Diving Rule Book.