



New Swim Lesson Classes and Times Spring Session: April 24-June 17, 2017

Infant Lessons (6 months-3 years)

DAY	CLASS	TIME
Monday	Stage A – Water Discovery	5:00pm-5:30pm
Tuesday	Stage A – Water Discovery Stage B – Water Exploration	9:00am-9:30am 9:35am-10:05am
Wednesday	Stage A – Water Discovery	5:00pm-5:30pm
Thursday	Stage B – Water Exploration	9:00am-9:30am
Saturday	Stage B – Water Exploration	9:00am-9:30am

Preschool Lessons (3-5 years)

DAY	CLASS	TIME
Monday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina	5:35pm-6:05pm / 6:10pm-6:40pm 6:10pm-6:40pm / 6:45pm-7:15pm 5:35pm-6:05pm / 6:45pm-7:15pm
Tuesday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction	10:10am-10:40am / 5:35pm-6:05pm 10:45am-11:15am / 6:10pm-6:40pm 11:20am-11:50am / 6:45pm-7:15pm 5:00pm-5:30pm
Wednesday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina	5:35pm-6:05pm 6:10pm-6:40pm 6:45pm-7:15pm
Thursday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction	9:35am-10:05am / 5:00pm-5:30pm 10:10am-10:40am / 5:35pm-6:05pm 10:45am-11:15am / 6:10pm-6:40pm 11:20am-11:50am / 6:45pm-7:15pm
Saturday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction	9:35am-10:05am / 11:20am-11:50am 10:10am-10:40am / 10:45am-11:15am 10:10am-10:40am / 10:45am-11:15am 9:35am-10:05am / 11:20am-11:50am



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School-Age Lessons (5-12 years)

DAY	CLASS	TIME
Monday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 4 – Stroke Introduction Jr. Barracudas	5:35pm-6:05pm 6:10pm-6:40pm 5:00pm-5:30pm 6:45pm-7:15pm
Tuesday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction Stage 5 – Stroke Development Stage 6 – Stroke Mechanics Shark	5:35pm-6:05pm / 6:10pm-6:40pm 6:10pm-6:40pm 6:45pm-7:15pm 5:00pm-5:30pm 5:35pm-6:05pm 5:00pm-5:30pm 6:45pm-7:15pm
Wednesday	Stage 1 – Water Acclimation Stage 3 – Water Stamina Stage 4 – Stroke Introduction Stage 5 – Stroke Development Stage 6 – Stroke Mechanics Jr. Barracudas	5:00pm-5:30pm 5:00pm-5:30pm / 6:10pm-6:40pm 5:35pm-6:05pm 5:35pm-6:05pm / 6:45pm-7:15pm 6:10pm-6:40pm 6:45pm-7:15pm
Thursday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction Stage 5 – Stroke Development Stage 6 – Stroke Mechanics	6:10pm-6:40pm 5:00pm-5:30pm 5:35pm-6:05pm 6:10pm-6:40pm 5:00pm-5:30pm / 6:45pm-7:15pm 5:35pm-6:05pm / 6:45pm-7:15pm
Saturday	Stage 1 – Water Acclimation Stage 2 – Water Movement Stage 3 – Water Stamina Stage 4 – Stroke Introduction Stage 5 – Stroke Development	9:00am-9:30am 9:35am-10:05am 10:10am-10:40am 10:45am-11:15am 11:20am-11:50am

Quick Notes:

- Prices are going to remain the same: Expect members to be upset with this, but please remind them that the class sizes have also shrunk so students will be able to get more individual attention in the classes
- Infant and Toddlers: 6 months to 3 Years Old
- Preschool: 3 Years Old to 5 Years Old
- School Age: 5 Years Old to 12 Years Old
- Class Sizes
 - Stage A: 12 per class
 - Preschool Classes (Stages B, 1,2,3,4): 4 students per class
 - School Age Classes (Stages 1,2,3,4,5,6, Shark, Jr. Barracudas) : 6 students per class

Any other questions about any of this please let me know.

Thanks, Ryan