



YMCA Swim Lesson Comparison Chart

Infant and Toddler (6 months-3 years old)

OLD NAME	NEW NAME
Parent/Child	Stage A: Water Discovery
Pre-Pike	Stage B: Water Exploration

Preschool Level: (3-5 years old)

OLD NAME	NEW NAME
Pike	Stage 1: Water Acclimation
Eel	Stage 2: Water Movement
Ray	Stage 3: Water Stamina
Starfish	Stage 4: Stroke Introduction