



# BUTLER YMCA Swim Lessons

Dear Parent,

Thank you for enrolling your child in our YMCA swim program. Our goal is to improve your child's swimming and water safety abilities, while allowing him/her to have fun! Spring, Fall and Winter sessions are seven weeks in length and Summer sessions are two weeks in length. Please review the following safety guidelines with your child.

## **SAFETY GUIDELINES:**

- Swimsuits must be worn – no cut offs or shorts with zippers
- Long hair should be pulled back, away from face
- Showers should be taken before entering pools
- Food and beverages (except water) are prohibited from the pool decks
- Please walk on the pool deck at all times for your safety-NO running
- Help keep our pool area clean, avoid walking across pool deck with street shoes on
- Inform instructors of any injuries that may limit participation in class
- Children who are not potty trained MUST wear a swim diaper
- Children must wait for their instructor before entering the pool

## **HEALTH POLICY:**

To ensure the safety and health of all swimmers, please keep your child home for any of the following symptoms:

Fever	Vomiting / Diarrhea	Pink Eye
Rash	Severe cold/flu	Open Wounds
Contagious Disease	General "ill" feeling	

## **TIPS FOR PARENTS:**

Children are happier and more receptive to learning if they are well rested, eat nutritious foods and don't stray far from their normal routine. You can make swim lessons a more enjoyable experience for both you and your child by planning ahead;

- Schedule lessons around meals and nap times
- If your child is in preschool classes, a parent/guardian needs to be present during the duration of the lesson
- Register early to get the class that works best with your schedule
- Let your child assist in packing a swim bag and light snack for after their lesson
- Wear swim suits under clothing for a quick change
- Leave home a few minutes early so that children are not rushed and can arrive on time for their lesson
- If your child is fearful or apprehensive about coming to lessons, schedule a visit a few days prior to class to familiarize him/her with the facility & staff. We will be happy to assist you in arranging a visit.
- Encourage, never force a child to go into the water
- Stay positive about the lesson and praise children for even small accomplishments

## **CANCELLATIONS / DELAYS POLICY:**

The Butler YMCA takes great pride in maintaining normal operations and class scheduling during periods of inclement weather. Service to our members is a top priority. The Butler YMCA will remain open, except in rare cases of power outage, exceptional snowfall, severe ice, extreme temperatures, lightning or thunder, or treacherous travel conditions. To assure the safety of our members, volunteers, and staff, weather related closings and delays will be posted on our website at [www.butler.bcfymca.org](http://www.butler.bcfymca.org) and on local TV stations. If swim lessons are cancelled due to lightning or thunder, the aquatic staff will do their best to contact you at the phone number provided us.

**We do not offer refunds or scheduled make-up times for missed classes or cancellations due to inclement weather.**

**However, if there is a bi-week between lessons and there is time available, we will offer one make-up class for lightning or thunder.**

What makes our program different? At the Butler YMCA, we teach more than just swimming. All of our programs are built around the mission statement; "To put Christian principles into practice through programs that build healthy spirit, mind, and body for all." We do this by teaching the core values of caring, honesty, respect, and responsibility in every class. Stroke development, rescue, safety skills, and games are incorporated for a well-rounded swimming experience. The swim instructors are available to answer any questions before or after lessons. For safety reasons, please avoid addressing instructors during lessons.

If you have any additional questions or concerns about our swim program or private swim lessons, please contact Nicole Parrish. Have a great session!

Nicole Parrish  
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