



AQUATIC SCHEDULE

BUTLER YMCA
Begins May 2, 2022

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY						
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN					
5:30am	CLOSED		Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:00am	Open Swim 5:30am-11:15am					
6:00													
6:30													
7:00													
7:30													
8:00													
8:30													
9:00													
9:30	Open Swim 10:00am-2:00pm		HIIT Aqua Dance Party 9:30am-10:30am	Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Swim Lessons 9:30am-10:40am		Aqua Intervals 9:00am-10:00am						
10:00			Open Swim 10:00am-2:00pm		Aqua Dance Party 11:00am-11:45am	Open Swim 10:30am-1:00pm	Aqua for Arthritis 11:00am-11:45am	Open Swim 10:00am-1:00pm	Gentle Water Exercise 11:15am-12:00pm				
10:30													
11:00													
11:30													
Noon					CLOSED		Aqua for Arthritis 12:00pm-12:45pm	CLOSED 1:00pm-4:00pm	CLOSED 1:00pm-4:00pm	CLOSED 1:00pm-4:00pm	CLOSED 1:00pm-4:00pm		
12:30							Open Swim 10:30am-4:00pm					Work it in the Water 12:00pm-12:45pm	Open Swim 4:00pm-7:15pm 1 lane
1:00							CLOSED		Open Swim 12:45pm-5:00pm	Open Swim 4:00pm-7:30pm 4 lanes	Open Swim 4:00pm-5:00pm	Open Swim 4:00pm-7:15pm 1 lane	Open Swim 4:00pm-5:00pm
1:30	Swim Lessons 5:00pm-7:15pm												
2:00			Swim Lessons (1 lane) 6:00pm-6:40pm						Swim Lessons (1 lane) 5:20pm-7:30pm	Open Swim 6:40pm-8:00pm	Open Swim 7:15pm-8:00pm	Open Swim 6:40pm-8:00pm	
2:30													Open Swim 7:15pm-8:00pm
3:00													
3:30													
4:00													
4:30													
5:00													
5:30													
6:00													
6:30													
7:00													
7:30													
8:00													

- The Pool Schedule is **SUBJECT TO CHANGE**. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- Swim Lessons run through June 11th.
- No lap lane will be available when YMCA Child Care is swimming
- When a birthday party is scheduled in Pool 2, it will be closed to other members for one hour.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- 4 persons in the Whirlpool at one time



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	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:15am	Open Swim 5:30am-9:30am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						
8:30	Deep H2O Suspension 9:30am-10:30am	Aqua Intervals 9:30am-10:30am	YMCA Child Care Swim Lessons 9:00am-11:45am	Open Swim 7:30am-5:30pm	Open Swim 7:30am-9:00am	
9:00					Swim Lessons 9:00am-11:15am	
9:30						
10:00	Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:15am-12:00pm	Open Swim 10:30am-7:00pm	Homeschool Gym/Swim Through May 27 12:00pm-1:00pm	Swim Lessons (1 lane) 10:30am-11:25am	
10:30						
11:00						
11:30						
Noon						
12:30	Aqua Total Body Strength 12:15pm-1:00pm	May Swim (3 lanes) 4:15-7:00pm	Aqua Dance Party 1:00pm-1:45pm	Open Swim 1:45pm-7:00pm	Open Swim 11:15am-5:30pm	
1:00						
1:30						
2:00						
2:30						
3:00	CLOSED 1:00pm-4:00pm	CLOSED 1:00pm-4:00pm	CLOSED	CLOSED	CLOSED	
3:30						
4:00						
4:30						
5:00						
5:30	Open Swim 4:00pm-8:00pm	Open Swim 4:00pm-8:00pm	CLOSED	CLOSED	CLOSED	
6:00						
6:30						
7:00	May Swim (3 lanes) 4:15-7:15pm	CLOSED	CLOSED	CLOSED	CLOSED	
7:30						
8:00	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.

- Bands indicate swimming ability.

- Red= Non-Swimmer

- Green=Swimmer

- Ages 7 and under require reach supervision from an adult in the water regardless of band color.

- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.

- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

**Green Band
Swim Testing Times**
 Monday-Wednesday 9:00am-6:30pm
 Friday 9:00am-6:30pm
 Saturday 9:00am-4:30pm
 Sundays 10:00am-1:30pm

Updated: 4/27/2022